



NUTRIWAY®
BEST OF NATURE. BEST OF SCIENCE.



CHRISTMAS PUD PROTEIN BALLS

1 scoop	XSTM Sports Whey Protein Powder - Vanilla	2 scoops	NUTRIWAY® All Plant Protein Powder
2 sach	NUTRIWAY® Probiotic	350 g	Pitted Medjool Dates
½ - ¾ cups	Chopped Pecans	4 tbs	Sunflower Seeds
1 tbs	Chia Seeds	1 ½ cups	Mixed Dried Diced Fruit
1 – 2 tbs	Mixed (Citrus) Peel	1 tsp	Mixed Spice (Nutmeg, Ginger, Cinnamon)
½ - ¾ cup	Chocolate Drops	1 tbs	Cocoa Powder
2 tsp	Vanilla Essence	½ cup	Dark Choc Drops
2 tbs	Almond Spread	3 tbs	Moistened Coconut
(Topping)	Unsweetened White Chocolate Drops (melted)	(Topping)	XSTM Protein Bars (cut into small squares) or almonds, walnuts, etc.
(Roll in)	Coconut Flakes	(Roll in)	Chocolate Sprinkles

Preparation

Mix all ingredients together. Mixture should be moist enough to form a big marble size ball and hold shape, If it's too dry add more coconut oil, If mixture is too moist add more protein powder.

Roll protein balls in cocoa powder, desiccated coconut, chocolate sprinkles, drizzle on melted which choc drops with protein bar topping or leave natural and place in fridge to set.





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