

Merry Christmas Sala Team



Lower Carb Protein Balls

Ingredients

6 scoops X/S Whey Protein Choc

4 scoops Nutriway All Plant Protein

190g Mayver's dark roasted crunchy peanut butter

¼ cup honey (if to sweet 1/8 cup)

½ cup coconut

½ cup melted coconut oil

Mix all ingredients

Roll into balls as above

Roll balls in almond meal

Makes around 20 balls

Refrigerate