

Artistry Training "Cheat Sheet"

Facial Treatment Process

Step 1: Pre-Cleanse

Step 2: Cleanse

Step 3a: Treat (Exfoliation)

Step 3b: Treat (Mask)

Step 4: Tone

Step 5: Treat

Step 6: Eye Cream

Step 7: Moisturiser

Skincare Products Covered

ARTISTRY Skin Nutrition Ranges

ARTISTRY Signature Select Masks & Serums

ARTISTRY Intensive Skincare Treatments

ARTISTRY SUPREME LX

<p>Step 1: Pre-Cleanse (Superficial Cleanse)</p>	<p>Reason: Eye tissue is a lot finer and more delicate than skin on the rest of the face. These products are created to target that area specifically to cleanse the eyelids and lashes and gently remove eye makeup. Conditions the delicate skin around the eyes. Great option to remove makeup instead of a double cleanse with a cleanser.</p>		
<p>ARTISTRY Skin Nutrition Micellar Makeup Remover and Cleanser</p>	<p>Application: Shake well before use. For eye make up, hold cotton pad over closed eye for a few seconds then gently wipe without harsh rubbing. For skin, gently wipe cotton pad over face until makeup is removed.</p>	<p>Key Points: Non-comodogenic, rinse free formula. Dissolves longwear & waterproof formulas. Works without stripping skins barriers e.g. Microbiome & Moisture Barriers. Fragrance & soap free formula. Suitable for sensitive skin and safety-tested for use in eye area.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. WATERMELON Artistry developed formula with watermelon fruit extract to help protect skin from damage caused by free radicals. MICELLES Due to the special chemistry of micelles, they're able to break down and surround water or oil based particles, making it simple and easy to remove with a cotton pad.</p>
<p>ARTISTRY Skin Nutrition Makeup Remover (Cream)</p>	<p>Application: Massage over face, eyes and lips using gentle circular motions. Rinse or tissues off.</p>	<p>Key Points: Ingredients help soothe sensitive skin. Hydrates and conditions skin, leaving it feeling soft, supple and comfortable. Works on all types of eye, lip and face make-up. Helps boost skins resistance against external stressors. Suitable for sensitive skin and safety tested for use in eye area.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. MEADOWFOAM SEED OIL An emoliant that helps leave skin feeling soft and smooth. VITAMIN E A powerful antioxidant to help protect skin from free radiacals.</p>

Step 2: Cleanse (Deep Cleanse)	Reason: Effectively cleanse the skin by removing dirt and excess oil. Using massage manipulations will reinforce the cleansing achieved. This also increased blood circulation to the area, causing a warming affect on the skin, which relaxes the skins natural opening (hair follicales and pores). This aids absorbtion of the cleanser into these areas to dissolve makeup and sebum.		
ARTISTRY Skin Nutrition Balancing Jelly Cleanser *Suitable for Sensitive Skin	Application: Wet face and hands with warm water. Apply a small amount of cleanser into fingertips or palm and work into a lather. Gently massage over face avoiding direct contact with eyes. Rinse thoroughly with warm water and pat dry. Use morning and evening *Use damp facial sponges or facial towels to remove product when performing treatment on someone else.	Key Points: Patented blend soothes skin to reduce irritation. Clean feeling without harsh stripping or drying. Oil-removing formula reduces excess surface sebum that can clog pores. It works to clarify skin, to help keep blemishes at bay. Soap-free. Doesn't disrupt skin's protecting barriers.	Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. SHISO PERILLA & ALOE VERA This patented blend reduces
ARTISTRY Skin Nutrition Hydrating Mousse Cleanser (Ideal for Normal to Dry Skin) *Suitable for Sensitive Skin		Key Points: Removes impurities like dirt and pollution. Patented blend soothes skin to reduce irritation. Leaves skin feeling hydrated. Non-stripping & non-drying. Soap-free. Helps rid skin of dry flakes and creates a supple, comfortable feeling.	irritation while cleansing. It also helps to ensure skin stays calm and soothed. AMINO ACIDS A mild cleansing agent that gently removes impurities.
ARTISTRY Skin Nutrition Renewing Foam Cleanser		Key Points: Clinically proven to remove irritating pollution and impurities from skin. Patented blend soothes skin to reduce irritation. Designed to be skin microbiome friendly. Leaves skin feeling renewed and conditioned.	Key Ingredients: Includes all ingredients above PLUS GLYCERIN Which is a naturally derived humectant that helps to deliver intense moisture during cleansing.

<p>Step 3a: Treat (Exfoliation)</p>	<p>Reason: Helps to accelerate the skin's natural desquamation process. (Desquamation - process of losing dead skin cells from the stratum corneum layer - the top layer of our skin) Helps to remove dead skin cells, grease and debris from the face. Exposes fresh cells which improves the appearance of skin and allows other products to be more easily absorbed. Blood circulation in the area is mildly stimulated, this brings more oxygen and nutrients to the skin cells which can improve skin colour. FUN FACT: Teenagers regenerate external skin cells every 14 days. This increases to 30-40 days when we reach our 40's.</p>		
<p>ARTISTRY Intensive Skincare Renewing Peel *Tested on all skin types.</p>	<p>Application: Smooth 8 full pumps of renewing peel over the face (avoiding eye area). Leave on for 6 - 8 minutes. (Skin may tingle and product may not dry completely). To remove wet fingertips and lightly massage skin, then rinse thoroughly with warm water and pat skin dry. DO NOT use product more than twice a week for six weeks. *Use damp facial sponges or facial towels to remove product when performing treatment on someone else.</p>	<p>Key Points: Provides benefits of a professional peel at home. Fights visible signs of ageing by peeling away dullness, roughness and dryness to reveal clear, even, silky, smooth, younger looking skin. 93% of women agree skin feels softer and smoother after one treatment. 63% of users agreed their skin looked brighter after just one use. 84% of users agreed their skin looked brighter after 6 weeks of use, using twice per week.</p>	<p>Key Ingredients: PATENTED MUSHROOM ENZYME. Mimics the skin's natural exfoliation process. A self-neutralising enzyme that adjusts to the pH of your skin (deactivates when it reaches harmful pH levels) so you won't over-exfoliate or cause irritation. Three-phase formula includes moisture barrier repair phase from NUTRIWAY sources CHIA SEED OIL and BARRIER LIPOSOME; a conditioning phase with humectants & emollients to increase moisture levels in the skin.</p>
<p>ARTISTRY Signature Select Polishing Mask</p>	<p>Application: After cleansing apply mask where desired (all over face or in specific zones targeting multiple different skin concerns) Leave on for 7 minutes. To remove wet fingertips and lightly massage skin, then rinse thoroughly with warm water (*Use damp facial sponges or facial towels to remove product when performing treatment on someone else.) and pat skin dry.</p>	<p>Key Points: Skin refining sugar scrub gently buffs away dead and dull skin cells. Achieve softer and smoother looking skin with a healthy glow. Relaxing red fruit fragrance.</p>	<p>Key Ingredients: NUTRILITE sourced BLACK CURRANT EXTRACT. NATURAL SUGAR CANE.</p>

<p>Step 3b: Treat (Mask)</p>	<p>Reason: Masks contain various biological extracts to treat different skin types or conditions. They also compliment a particular facial treatment to provide targeted results. Including: Cleansing, Refining, Soothing, Hydrating, Brightening, Revitalising, Tightening, Firming etc.</p>		
<p>ARTISTRY Signature Select Hydrating Mask</p>	<p>Application: After cleansing, apply mask where desired (all over face or in specific zones targeting multiple different skin concerns) Leave on for 7 minutes. To remove, rinse thoroughly with warm water and pat dry. *Use damp facial sponges or facial towels to remove product when performing treatment on someone else.</p>	<p>Key Points: Whipped soufflé texture mask infuses tight, dry or uncomfortable skin with long-lasting hydration. Helps boost natural hydration levels for healthy-looking, supple skin. Moisture boosting humectants attract water and seals it within the skin. Helps to soothe skin from external irritants such as pollution, wind and over air-conditioned rooms.</p>	<p>Key Ingredients: NUTRILITE SOURCED GREEN TEA EXTRACT. Known for it's anti-oxidant power.</p>
<p>ARTISTRY Signature Select Purifying Mask</p>	<p>Application: After cleansing, apply mask where desired (all over face or in specific zones targeting multiple different skin concerns) Leave on for 7 minutes. To remove, rinse thoroughly with warm water and pat dry. *Use damp facial sponges or facial towels to remove product when performing treatment on someone else.</p>	<p>Key Points: A dense French Clay mask that absorbs excess oil and draws out impurities for reduced shine and clear skin. Skin is less shiny and T-Zone looks less oily. Makes pores less visible after excess sebum is cleansed.</p>	<p>Key Ingredients: NUTRILITE SOURCED CITRUS EXTRACT. Soothing OATMEAL to bring a sense of calm despite the stresses of life.</p>
<p>ARTISTRY Signature Select Firming Mask</p>	<p>Application: After cleansing, apply mask where desired using upward movements as the lifting massage will improve microcirculation to further nourish skin and increase firmer feeling. Apply all over face OR in specific zones to target multiple different skin concerns. Leave on for 7 minutes. To remove, rinse thoroughly with warm water and pat dry. *Use damp facial sponges or facial towels to remove product when performing treatment on someone else.</p>	<p>Key Points: Provides sagging, loose or undernourished skin a power tune up. Once applied, the skin feels a delightful warming sensation, achieving revitalised, nourished and firmer looking skin. Ultra-nourishing mask leaves skin feeling firmer and tighter.</p>	<p>Key Ingredients: NUTRILITE SOURCED POMEGRANATE EXTRACT Warming Technology. This instant transforming formula goes from a cool, red translucent gel in the jar to a creamy white, cushioning emulsion on your skin. Leaving skin feeling sculpted, firm and totally taut.</p>

<p>ARTISTRY Signature Select Brightening Mask</p>	<p>Application: After cleansing, apply mask where desired (all over face or in specific zones targeting multiple different skin concerns) Leave on for 7 minutes. To remove, rinse thoroughly with warm water and pat dry. *Use damp facial sponges or facial towels to remove product when performing treatment on someone else.</p>	<p>Key Points: Brightens upon application, skin looks more radiant and luminous. Skin tone looks luminous with vitality, is more even and translucent. Skin that's become dull from stress, fatigue and other external factors appears brighter and refreshed.</p>	<p>Key Ingredients: NUTRILITE SOURCED WHITE CHIA SEED EXTRACT Helps to correct uneven skin tone, revealing radiant skin with White Chia cushiony mousse mask. LOOFAH GRAINS and JOJOBA BEADS gently exfoliate, imparting a visibly brighter appearance.</p>
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<p>Step 4: Tone *All Skin Nutrition Toners are Alcohol-Free</p>	<p>Reason: Toner produces a cooling effect on the skin. It can also create a tightening effect on the skin, which causes the pores to close. This reduces the flow of sebum and sweat onto the skin's surface. It also helps to restore the pH balance of the skin and prepares the skin for further treatments.</p>		
<p>ARTISTRY Skin Nutrition Balancing Fresh Shake Toner *Suitable for Sensitive Skin</p>	<p>Application: After cleansing (and treating if applicable), shake bottle and apply toner onto a cotton pad or fingers and pat (or wipe) over face and neck. Avoid the eye area. Use morning and night.</p>	<p>Key Points: Sweeps away oil and shine in an instant. Oil controlling toner draws out excess sebum and reduces the appearance of pores. Stabilises & nurtures skin's microbiome to keep it in balance. Quickly and easily absorbs into skin, leaving a soft, balanced, healthy feeling with a soft-matte finish. Non-stripping & non-drying. Non-comodogenic.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients help visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. WITCH HAZEL. A naturally derived pore clarifier. Used instead of alcohol, so it won't strip or weaken skin's moisture barrier. PREBIOTICS. A microbiome balancing extract from White Chia Gel to help support skin barrier function.</p>
<p>ARTISTRY Skin Nutrition Hydrating Smoothing Toner (Ideal for Normal to Dry Skin) *Suitable for Sensitive Skin</p>	<p>Application: After cleansing (and treating if applicable), shake bottle and apply toner onto a cotton pad or fingers and pat (or wipe) over face and neck. Avoid the eye area. Use morning and night.</p>	<p>Key Points: Fresh hydrating formula that absorbs quickly and easily into skin. Leaves skin with smooth, silky-soft feel, and a vibrant, healthy complexion. Refinishes for a smoother look and feel. Removes leftover makeup and residue. pH balanced. Non-stripping and non-drying. Non-comodogenic.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients help visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. LICORICE. A root extract used to calm the skin. PREBIOTICS. A microbiome balancing extract from White Chia Gel to help support skin barrier function.</p>
<p>ARTISTRY Skin Nutrition Renewing Softening Toner</p>	<p>Application: After cleansing (and treating if applicable), shake bottle and apply toner onto a cotton pad or fingers and pat (or wipe) over face and neck. Avoid the eye area. Use morning and night.</p>	<p>Key Points: Soothing, soothing moisture to help stabilise and nurture skin's microbiome. Skin looks refined, radiant and renewed. Softens and calms skin. Provides a burst of hydration and conditioning, for a dewy feel.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients help visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. OAT PROTEIN. A rich protein that gently refines and smoothes skin's surface. PREBIOTICS. A microbiome balancing extract from White Chia Gel to help support skin barrier function.</p>

<p>Step 5: Treat</p>	<p>Reason: In addition to basic skin-care products, specialist skin-care treatment products are used to provide targeted improvements for specific facial areas. These products are used to compliment and further "boost" the effects of your current skincare regime.</p>		
<p>ARTISTRY Signature Select Base Serum (Amplifiers are listed below in Artistry advised optimal order.)</p>	<p>APPLICATION: Remove and discard the cap from the Base Serum bottle. Gently secure the Amplifier onto the bottle (DO NOT over-twist). Slowly twist OFF to dispense contents. Once you see and hear it's finished (visual & audible whoosh will fade away), continue twisting off Amplifier and discard. Repeat for additional Amplifiers. Insert the pump into the Base Serum bottle. Twist on to ensure it is securely in place. Vigorously shake the bottle for 60 seconds to thoroughly mix.</p>	<p>Key Points: Used as a base for Amplifiers (Amplifiers sold seperately). Fully customisable treatment to address multiple skincare concerns. Choose your top 3 skincare concerns to treat specific needs. Helps activate each Amplifier, blending them into the ideal concentration so they are perfectly balanced on skin. Gentle, yet highly effective.</p>	<p>Key Ingredients: 100% Phyto-Infused Water contains a blend of five NUTRILITE sourced phytonutrients: Acerola Cherry, Black Currant, Green Tea, Pomegranate and Spinach Extract to help Amplifiers penetrate the top, middle and deepest layers of the skins surface.</p>
<p>ARTISTRY Signature Select Hydration Serum Amplifier (Ideal for Dry, Dehydrated skin) *Suitable for all skin types</p>	<p>Application: Every morning and evening apply 2 pumps of the premixed base and selected amplifiers onto clean skin and smooth evenly over entire face in an upward motion. Apply thrid pump to special areas of concern, as needed. Avoid direct contact with eyelids.</p>	<p>Key Points: To be used with Base Serum (sold seperately). Instantly plumps skin with a moisture infusion, skin feels dramatically softer, smoother and more supple. Strengthens skin's moisture barrier - helps repair a weak porous barrier to maximise moisture retention for all day hydration.</p>	<p>Key Ingredients/Technology: Hydro-Probiotic Technology is used to help maintain a healthy skin microbiome. *Combine with Brightening Amplifier for an overall healthy-looking glow. *Combine with Anti-Wrinkle and Firming Amplifiers for anti-ageing benefits.</p>
<p>ARTISTRY Signature Select Brightening Serum Amplifier (Ideal for Dull, Discoloured skin) *Suitable for all skin types</p>	<p>Application: Every morning and evening apply 2 pumps of the premixed base and selected amplifiers onto clean skin and smooth evenly over entire face in an upward motion. Apply thrid pump to special areas of concern, as needed. Avoid direct contact with eyelids.</p>	<p>Key Points: To be used with Base Serum (sold seperately). Gives skin a radiant glow and works to even out skin tone and improve overall complexion. Boosts cell renewal to help resurface skin and eliminate any dulling accumulation. Skin appears more flawlessly radiant and revitalised, brighter and more luminous. 100% of women surveyed saw improved brightness.</p>	<p>Key Ingredients/Technology: Radiance Renewal Technology enhances cellular turnover and helps control factors which cause skin to appear dull. *Combine with Anti-Spot amplifier to help reduce the formation of visible dark spots.</p>

<p>ARTISTRY Signature Select Anti-Wrinkle Serum Amplifier (Ideal for Ageing skin) *Suitable for all skin types</p>	<p>Application: Every morning and evening apply 2 pumps of the premixed base and selected amplifiers onto clean skin and smooth evenly over entire face in an upward motion. Apply thrid pump to special areas of concern, as needed. Avoid direct contact with eyelids.</p>	<p>Key Points: To be used with Base Serum (sold seperately). Reduces and smooths out the appearance of fine lines and wrinkles, even works on deep-set wrinkles. See more rejuvenated, fresh, younger-looking skin. 81% of women noticed an improvement in the appearance of fine lines and wrinkles.</p>	<p>Key Ingredients/Technology: Line Diminishing Technology helps strengthen the skin's support network and maintain a smoother, younger looking skin, with the appearane of fine lines and wrinkles diminished. *Combine with Firming and Hydration Amplifiers for overall anti-ageing benefits.</p>
<p>ARTISTRY signature Select Firming Serum Amplifier (Ideal for Ageing Skin) *Suitable for all skin types</p>	<p>Application: Every morning and evening apply 2 pumps of the premixed base and selected amplifiers onto clean skin and smooth evenly over entire face in an upward motion. Apply thrid pump to special areas of concern, as needed. Avoid direct contact with eyelids.</p>	<p>Key Points: To be used with Base Serum (sold seperately). Provides more resilient, firmer-looking skin. Facial features appear more sculpted, more toned and defined. Skin looks firmer and lifted. 92% of women experienced improved elasticity.</p>	<p>Key Ingredients/Technology: Skin Tightening Technology increases the building blocks of firmness and elasticity. *Combine with: The Anti-Wrinkle and Hydration Amplifiers for overall anti-ageing benefits.</p>
<p>ARTISTRY signature Select Anti-Spot Serum Amplifier (Ideal for Uneven Skin Tone and Pigmentation) *Suitable for all skin types</p>	<p>Application: Every morning and evening apply 2 pumps of the premixed base and selected amplifiers onto clean skin and smooth evenly over entire face in an upward motion. Apply thrid pump to special areas of concern, as needed. Avoid direct contact with eyelids.</p>	<p>Key Points: To be used with Base Serum (sold seperately). Visibly improves the appearance of dark spots, discolourations, hyperpigmentation and uneven skintone. Helps maintain a more even-toned appearance, creating a brighter, more radiant complexion. 100% of women surveyed saw a reduction in the size of their dark spots.</p>	<p>Key Ingredients/Technology: Spot Targeting Vitamin C Technology helps even and brighten the look of your skintone - reducing the formation of visible dark spots. *Combine With: The Brightening Amplifier for a brighter, more luminous looking complexion.</p>

<p>ARTISTRY Intensive Skincare Advanced Skin Refinisher *Suitable for all skin types</p>	<p>Application: Apply two pumps of serum onto clean skin every morning and evening. Avoid the eye area.</p>	<p>Key Points: Intensive yet gentle "Smart Pore Eraser" for skin smoothing benefits. Comparable to professional fractional laser treatment. Sweeps away dullness and visibly tightens pores so skin appears dramatically softer, smoother and more even textured from first use. Allergy tested. Dermatologist Tested. Non-comodogenic.</p>	<p>Key Ingredients: PATENTED OAT EXTRACT and NMF SUGARS exfoliate the skin's surface area to unclog pores and smooth away roughness. LENTIL SEED EXTRACT rich in antioxidants, helps to reduce the appearance of pore size. JAVA TEA EXTRACT suppresses excess sebum production, down to the core of the pore. STAR FRUIT EXTRACT reinforces the surface layers of pore's structure to help reduce slackening and visibly tightens pores for an even texture.</p>
<p>ARTISTRY Intensive Skincare Anti-Wrinkle Firming Serum</p>	<p>Application: For the first two weeks, apply pearl sized amount of serum every second evening. If well tolerated after two weeks, the serum can be used every evening. Avoid the eye area.</p>	<p>Key Points: A potent overnight treatment that delivers smoother, younger looking skin in just two weeks. Targets loss of firmness, fine lines and wrinkles. Can be used in conjunction with any nightly skincare routine. Silky soft age-correcting serum is gentle on skin. Apply regularly for dramatic visual improvements to elasticity, fine lines, and wrinkles.</p>	<p>Key Ingredients: Formula that combines NEXT GENERATION RETINOL, PEPTIDES AND VITAMIN C - the three most potent collagen and elastin boosting ingredients, to deliver visibly firmer skin and wrinkle reduction. TARGETING COMPLEX TECHNOLOGY focuses Retinol precisely where it's needed, improving skin and building youthful support system.</p>
<p>ARTISTRY Intensive 14 Night Reset Program</p>	<p>Application: Apply one vial of product all over face and neck each night for 14 nights. *This product is NOT recommended to be used in conjunction with the following: Intensive Anti-Wrinkle Firming Serum, Intensive Skincare Renewing Peel, Intensive Skincare Vitamin C & HA Treatment, Signature Select Polishing Mask</p>	<p>Key Points: Repair signs of cellular damage. Strengthen against future skin ageing. Experience immediate transformation to more youthful, healthier looking skin in just 14 nights. Help repair cells 75% faster than normal rate. Penetrates the deeper surface layers of the skin. Increases the rate of natural skin defense and production by 217%. Includes 6 botanical oil to help comfort and nourish the skin and a dose of Vitamin C.</p>	<p>Key Ingredients: PHYTO-3 CICA BLEND contains ECHINACEA, CENTELLA ASIATICA & ROSEMARY to increase skin's beauty response by 200%. Increases skin's cell repair in the epidermis by 150%. Increases soothing power by 80%. Reduces irritation for more healthy-looking skin.</p>

<p>ARTISTRY Intensive Skincare Advanced Vitamin C & HA Treatment</p>	<p>Application: Step 1 - Remove dropper. Step 2 - Put on activating cap. Step 3 - Press button to release. Step 4 - Shake for 30 seconds. Step 5 - Replace activating cap with dropper. Step 6 - Release drops onto hand. Step 7 - Apply on face morning and night after cleansing and toning.</p>	<p>Key Points: A smart filler treatment to reduce and help prevent the look of expression lines. Helps maintain your skin's natural plumpness, creating a healthier, younger look overall. Helps to prevent the future appearance of lines. Clinically proven to visibly reduce major expression lines, including crow's feet, smile line, forehead creases and frown lines.</p>	<p>Key Ingredients: 100% PURE VITAMIN C to help repair the appearance of expression lines by strengthening skin's deep surface layers. BI-ACTION HYALURONIC ACID BLEND to help skin stay plump, smooth and flexible.</p>
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<p>Step 6: Eye Cream</p>	<p>Reason: The tissue around the eye is very thin and delicate, because of this it readily becomes very dry which emphasises fine lines and wrinkles. For this reason it requires creams specially formulated to target these areas.</p>		
<p>ARTISTRY Skin Nutrition Eye Gel Cream</p>	<p>Application: Apply a pearl size amount to ring fingers, gently pat under and around the eye area using light tapping motions. Allow full absorption before applying any subsequent products on top. Use in the morning and evening.</p>	<p>Key Points: Gel cream that instantly illuminates and hydrates eyes. Instantly brightens eye area. Prevents visible signs of ageing. Lessens the look of dark circles & puffiness. 24 hour hydration. Quick absorption. Lightweight and super-hydrating, it reduces the look of early signs of ageing like lines and dullness. Eye area feels soothed, calmed and strengthened.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients help visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. PREVENT COMPLEX blend of NUTRILITE Acerola Cherry, Australian Daisy & Blackberry to boost skin's natural defence system by 300%. NUTRILITE POMEGRANATE & QUINOA SEED to help protect thin eye skin from damaging effects of pollution. OPTICAL DIFFUSERS micro light diffusing particles provide instant brightening around the</p>
<p>ARTISTRY Skin Nutrition Renewing Reactivation Eye Cream</p>	<p>Application: Apply a pearl size amount to ring fingers, gently pat under and around the eye area using light tapping motions. Allow full absorption before applying any subsequent products on top. Use in the morning and evening.</p>	<p>Key Points: Reduces multiple visible signs of ageing and stress: lines, wrinkles, loss of firmness, dryness, dark circles and puffiness. 24 hour hydration. Visibly smooths lines, deep-set wrinkles and crow's feet. Firms and lifts the look of sagging eye skin. Reactivates skin's natural repair process. Protects against irritation from pollution.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients help visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. OAT EXTRACT A naturally derived oat extract to help firm the delicate eye area. PEPTIDES A peptide blend helps reduce under-eye puffiness.</p>
<p>ARTISTRY Supreme LX Regeneration Eye Cream</p>	<p>Application: Apply a small amount to ring fingers, gently pat around the entire eye area (360 degrees) using light tapping motions. Allow full absorption before applying any subsequent products on top. Use in the morning and evening.</p>	<p>Key Points: 360 degrees of comprehensive, anti-ageing benefits resulting in younger looking, more radiant eyes. Fine lines and wrinkles are visibly reduced. Crepey, thinning skin firms and smooths. Dark spots fade and clarity improves. Antioxidants help protect skin against age-accelerating free radicals. Increases firmness and elasticity to help firm visible sagging, so skin looks visibly lifted.</p>	<p>Key Ingredients: GARDENIA GRANDIFLORA STEM CELL EXTRACTS has regenerative powers to help synchronise the skin's natural appearance. CELLEFFECT24 COMPLEX ENRICHED WITH 24KARAT GOLD multiplies the skin's natural ability to energise itself. Increases skin's energy index by 68 times over the baseline, empowering skin to act up to 15 years younger.</p>

<p>Step 7: Moisturiser</p>	<p>Reason: Our skins natural moisture levels are constantly being disturbed. Moisturiser helps to maintain the natural oil and moisture balance by locking moisture into the tissues, offering protection and hydration. Moisturiser protects the skin from external damage caused by the environment. It softens the skin and relieves skin tautness and sensitivity. It plumps the skin tissue with moisture, minimising the appearance of fine lines. Provides a barrier between skin and make-up.</p>		
<p>ARTISTRY Skin Nutrition Balancing Matte Day Lotion SPF15 *Suitable for sensitive skin</p>	<p>Application: Smooth evenly in upward motions over face and neck. Avoid eye area. Use every morning.</p>	<p>Key Points: Lightweight lotion that quickly absorbs, leaving soft matte look that's healthy, balanced and shine free. SPF 15 protection against UVA and UVB rays. 24 hr hydration. Prevents visible signs of premature ageing from UV exposure. Non-comodogenic. Designed to prime skin for make-up application. Provides "Full Light" protection including UVA, UVB, Blue Light and Infrared. Formulated without oxybenzone and octinoxate (which are harmful to coral reef systems)</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. PREVENT COMPLEX blend of NUTRILITE Acerola Cherry, Australian Daisy & Blackberry to boost skin's natural defence system by 350%. MEADOWSWEET A herb extract to help keep oily skin in balance. CARNOSINE A clinically proven ingredient known to help prevent visible damage from blue light and infrared light.</p>
<p>ARTISTRY Skin Nutrition Balancing Matte Gel Lotion *Suitable for Sensitive Skin</p>	<p>Application: Smooth evenly in upward motions over face and neck. Avoid eye area. Use in the morning and evening. *If using in the morning, follow with sunscreen.</p>	<p>Key Points: Gel lotion with a cooling drenching sensation. Absorbed quickly to leave a soft matte look that's healthy and balanced. Controls oils and reduces shine while providing 24 hour hydration. Non-comodogenic. Gentle and mild. Designed to prime skin for makeup application. Protects against irritaion from pollution.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. PREVENT COMPLEX blend of NUTRILITE Acerola Cherry, Australian Daisy & Blackberry to boost skin's natural defence system by 350%. PLANT PLANKTON Helps absorb excess oil while maintaining skin's natural hydration. ZINC PCA A powder to help control oil to achieve a shine-free look for your skin.</p>

<p>ARTISTRY Skin Nutrition Hydrating Day Lotion SPF 15 *Suitable for sensitive skin</p>	<p>Application: Smooth evenly in upward motions over face and neck. Avoid eye area. Use every morning.</p>	<p>Key Points: Skin is restored, plumped with moisture for a revitalised appearance. Helps prevent visible signs of premature ageing, including fine lines, dullness, poor texture and uneven skin tone. SPF 15 protects against sun damage from UVA and UVB rays. 24 hours hydration. Maintain skin elasticity. Designed to prime skin for makeup application. Formulated WITHOUT oxybenzone and octinoxate.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. PREVENT COMPLEX blend of NUTRILITE Acerola Cherry, Australian Daisy & Blackberry to boost skin's natural defence system by 350%. RED ALGAE helps fight against skin dehydration. CARNOSINE A clinically proven ingredient known to help prevent visible damage from blue light and infrared light.</p>
<p>ARTISTRY Skin Nutrition Hydrating Gel Cream (Ideal for Normal to Dry and Dry skin types) *Suitable for sensitive skin</p>	<p>Application: Smooth evenly in upward motions over face and neck. Avoid eye area. Use in the morning and evening. *If using in the morning, follow with sunscreen.</p>	<p>Key Points: Lightweight, fresh gel cream provides 24 hours moisturisation and hydration. Skin refreshed and restored with a plumped vitalised appearance. Protects against irritation from pollution. Maintains elasticity. Non-comodogenic. Designed to prime skin for makeup. Dewy finish and smooth texture.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. PREVENT COMPLEX blend of NUTRILITE Acerola Cherry, Australian Daisy & Blackberry to boost skin's natural defence system by 350%. BLUE AGAVE A succulent plant extract to help reinforce skin's natural hydration levels. RICE PROTEIN A protein to help prevent damage to skin's support system and protect against signs of ageing.</p>
<p>ARTISTRY Skin Nutrition Renewing Reactivation Day Lotion SPF 15</p>	<p>Application: Apply 2 - 3 pumps onto hands and smooth evenly in upward motions over face and neck. Avoid eye area. Use every morning.</p>	<p>Key Points: Lightweight lotion texture. Reduces look of uneven skin tone. Reactivate's skin's natural repair process for a firmer support system. Reduces lines, wrinkles and other visible signs of ageing. Supercharge moisture levels. Delivers 24 hours moisture and broad spectrum UV/blue light protection. Repair complex helps reverse visible signs of ageing.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. SHEA BUTTER A moisturising salve to soften and smooth skin. CARNOSINE A clinically proven ingredient known to help prevent visible damage from blue light and infrared light.</p>

<p>ARTISTRY Skin Nutrition Renewing Reactivation Day Cream SPF 15</p>	<p>Application: Smooth evenly in upward motions over face and neck. Avoid eye area. Use every morning.</p>	<p>Key Points: Whipped, soft cream texture. Reactivates skin's natural repair process for a firmer support system. Reduces lines, wrinkles and other visible signs of ageing. Supercharge moisture levels. Full light and pollution protection. Repair complex helps reverse visible signs of ageing.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. SHEA BUTTER A moisturising salve to soften and smooth skin. CARNOSINE A clinically proven ingredient known to help prevent visible damage from blue light and infrared light.</p>
<p>ARTISTRY Skin Nutrition Renewing Reactivation Cream</p>	<p>Application: Smooth evenly in upward motions over face and neck. Avoid eye area. Use in the morning and evening. *If using in the morning, follow with sunscreen.</p>	<p>Key Points: Soft cream provides 24 hours moisture. Reactivates skin's natural repair process for a firmer support system. Reduces lines, wrinkles and other visible signs of ageing. Supercharge moisture levels. Protects against irritation from pollution. Pores appear reduced.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. ROSEMARY Helps to strengthen skin's barrier for long-lasting moisturization. HYALURONIC ACID A moisture retaining molecules to help smooth fine lines and wrinkles.</p>
<p>ARTISTRY Skin Nutrition Firming Ultra Lifting Cream</p>	<p>Application: Smooth evenly in upward motions over face and neck. Avoid eye area. Use in the morning and evening. *If using in the morning, follow with sunscreen. Very Dry skin - Use twice a day. Normal to Dry skin - Use as night cream.</p>	<p>Key Points: Skin feels firmer. Wrinkles look reduced. Discolouration's look improved. Revitalising moisture lasts 24 hours. Repair complex helps restore skin's youthful looking condition. Lifts, firms and smooths the look of advanced signs of ageing. Intensively moisturises as it rebuilds and strengthens skin. Protects against irritation from pollution.</p>	<p>Key Ingredients: NUTRILITE GROWN WHITE CHIA SEED. Phytonutrients helps visibly nourish and protect skin's healthy beauty. "Seed to Skin" traceability. SILVERVINE FRUIT A skin clarifying fruit extract to help restore dull, aged skin. PEPTIDE Skin boosting peptide to help reduce the appearance of wrinkles and help firm skin.</p>

<p>ARTISTRY Supreme LX Regenerating Face Cream</p>	<p>Application: Scoop a pea-sized drop of the cream onto the spatula provided, transfer onto clean fingertips. Gently massage cream in a circular motion with your fingertips, moving upward and outward to smooth over entire face and neck. Use in the morning and evening. *If using in the morning, follow with sunscreen.</p>	<p>Key Points: Powerful antioxidant help protect skin against age-accelerating free radicals. Increases firmness and elasticity to help firm visible sagging so skin looks visibly lifted. Diffuse the look of wrinkles, dark spots and fine lines. Key ingredient formula rejuvenates the appearance of skin.</p>	<p>Key Ingredients: GARDENIA GRANDIFLORA STEM CELL EXTRACTS has regenerative powers to help synchronise the skin's natural appearance. CELLEFFECT24 COMPLEX ENRICHED WITH 24KARAT GOLD multiplies the skin's natural ability to energise itself. Increases skins energy index by 68 times over the baseline, empowering skin to act up to 15 years younger.</p>
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