

DAY 39

Hi All,

So what are you going to do on Monday? Blaze into another round of weight loss? I will never forget how excited I was at this stage to get back into ketosis and weight loss. The program was so predictable.

I have said it before, but although weight loss is typically the reason that most people start Healthpointe, the reason they stay long term with the Healthpointe habits is because of all the health side benefits. Since supplementing with Double X, Concentrated Fruit and Vegetables and Omega 3 and Healthpointe eating habits, I always wake with energy and don't get the afternoon sleeps any more. What is your story? Just yesterday I had another report of decreased blood sugar after 1 round and the doctor taking this person off type 2 diabetes medication saying "It appears you have beaten the odds and no longer need it". Wow! Well done.

Who in your life needs/wants better health, more energy or weight loss? Why don't you get them to start with you in 5 days on the protein days. What do they need? We have seen plenty of people try and short change the program. It NEVER works!! Healthpointe only works for those who are ready to make change! The best way to find that out is to show them the program at a Healthpointe meeting, a Healthpointe launch or 1:1 and then sell them a Healthpointe Pack, a Nutriway Pack and at least 2 boxes of Positrim Protein Bars. (Form attached)I find if people aren't ready for this level of commitment then they are not ready. Check with your coach but I tend to start the least committed as retail clients as well. If money is a genuine obstacle then start with a Healthpointe launch and put some people on retail for them. Let me just say though that if people are READY for change there are no obstacles. We can help them!

I am so glad I was shown this Healthpointe Programme years ago and I was started properly. Thank you to Network 21 for finding and accessing it and to Mitch Sala for demanding that I commit to it fully or don't do it at all. Half doing Healthpointe is not an option. Just start the uncommitted on the vitamins and let the quality of the product speak to them.

Enjoy pumping up your metabolism for a few more days so we can get back into our next round or lifetime maintenance, whichever you decide. But most importantly let's pay it forward to others that we care about.

Speak tomorrow,

Jamie